



The Seven Grandfather Teachings

Nibwaakaawin – Wisdom

Nib-soul within bwaa-state of seeing Kaa-enduring and continuous Win- how to do it;
Believe with perfect trust that One Creator sustains all, seen and unseen, in every moment.

Manaaji'idiwin – Respect

Manaaji- show restraint, to spare, go easy Idi- mutual Win- how to do it;
Honor the Creator and all aspects of his creation with a life of restraint and reverence and the Creator will likewise Honor you in Creation.

Dabasendiziwin – Humility

Dabas- being lower End- pertaining to thought Izi- continual condition Win- how to do it;
Honor humanity in Creation, humbling oneself before everyone.

Gwayakwaadiziwin – Honesty

Gwayak- correctly, straightly, rightly Aadizi- living sacred and holy Win: how to do it;
Live correct, straight, and right in a sacred and holy manner.

Debwewin – Truth

Deb- straight truth We- speaking Win- how to do it;
Speak correct, straight, right and in a holy manner.

Zoongide'ewin – Courage

Zoongi- Firm, Strong De'e- From Heart Win: how to do it:
Knowing your beliefs and having the strength to live them in Creation.

Zaagi'idiwin – Love

Zaag- unconditional love Idi- equal Win- how to do it;
Giving unconditional love to all aspects of Creation is showing justice and fairness.





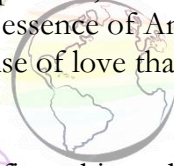
Zaagi'idiwin Unconditional Love Fairness and Justice



- Zaag (Love) Anishinaabe Definition: Unconditional love, compassion, and kindness expressed in actions and attitudes.
- Idi (Living) Anishinaabe Definition: The way of life, embodying love and compassion in all aspects of one's existence.
- Win (How) Anishinaabe Definition: The act of living life with love, kindness, and compassion towards oneself and others.

Application: Infuse every aspect of life with unconditional love, compassion, and kindness, creating a harmonious and supportive environment for oneself and others.

In the Anishinaabe tradition, the concept of Zaag (Love) transcends mere affection; it encompasses unconditional love, compassion, and kindness that permeate one's actions and attitudes. This principle, rooted in the essence of Anishinaabe teachings, encourages individuals to cultivate a profound sense of love that extends beyond conditions and expectations.



The component Idi (Living) further refines this understanding, emphasizing that love is not merely a sentiment but a way of life. It guides individuals to embody love and compassion in all aspects of their existence, fostering an environment where relationships, actions, and attitudes reflect the interconnectedness of all life.

Win (How) delves into the practical application of this concept. It signifies the act of living life with love, kindness, and compassion toward oneself and others. Here, the Anishinaabe philosophy aligns with the universal principles of justice and fairness. The Noahide teaching on justice emphasizes the importance of treating others with equity and compassion, mirroring the Anishinaabe concept of Zaag.

In practice, embracing Zaag involves infusing every facet of life with unconditional love. It encourages individuals to approach relationships, decisions, and daily interactions with kindness, creating a harmonious and supportive environment. This harmonization of Anishinaabe teachings with broader philosophical principles provides a guide for individuals to navigate life with love, compassion, and fairness.





Zoongide'ewin *Unyielding Courage* *Justice in Relationships*



- Zoongi (Heart) Anishinaabe Definition: The center of emotions and spirit, representing inner strength and determination.
- De'e (Truth) Anishinaabe Definition: The essence of honesty, sincerity, and authenticity in thoughts, words, and actions.
- Win (How) Anishinaabe Definition: The method of embodying bravery, heart, and truth in navigating life's challenges and adversities.

Application: Cultivate inner strength and courage, grounded in truth and authenticity. Infuse every aspect of life with bravery, heartfelt determination, and a commitment to truth, creating resilience in the face of challenges and fostering an environment of authenticity for oneself and others.

In the Anishinaabe tradition, Zoongide'ewin (Bravery) is not confined to physical courage but extends to moral fortitude, aligning with the concept of morality and sexual propriety. This principle, rooted in Anishinaabe teachings, urges individuals to cultivate a profound sense of bravery that transcends challenges, including moral decisions related to relationships and conduct.

The component Zoongi (Heart) deepens this understanding by emphasizing that bravery is not just an external display but originates from the heart—the center of emotions and spirit. This aligns with the universal principle of morality, which underscores the importance of sincere and heartfelt decisions in navigating ethical challenges.

De'e (Truth) adds another layer, highlighting the essence of honesty and authenticity. In the context of sexual propriety, this implies being truthful and authentic in one's interactions, aligning with the Noahide principle of justice in relationships.

Win (How) explores the practical application of Zoongide'ewin, signifying the method of embodying bravery, heartfelt determination, and truth in navigating moral challenges. This Anishinaabe philosophy resonates with broader ethical principles, providing guidance for individuals to approach relationships and decisions with bravery, authenticity, and morality. In essence, embracing Zoongide'ewin involves cultivating moral courage, sincere intentions, and a commitment to truth in navigating life's moral landscape.





Debwewin

Depending Truth

Respect Living Creatures

- Deb (Truth) Anishinaabe Definition: Profound commitment to authenticity, honesty, and sincerity in thoughts, words, and actions.
- We (Soul) Anishinaabe Definition: The spiritual essence within, reflecting inner strength and determination.
- Win (How) Anishinaabe Definition: The method of embodying bravery, truth, and soulful determination in navigating life's challenges and adversities.

Application: Cultivate a deep commitment to truthfulness, embracing inner strength, and navigating life with bravery and authenticity, fostering a harmonious and truthful environment for oneself and others.

In the Anishinaabe tradition, Debwewin (Truth) extends beyond mere honesty; it encompasses a profound commitment to truthfulness in all aspects of life, aligning with the principle of not eating the limbs of a living animal in the Noahide laws. This principle urges individuals to cultivate a sincere dedication to truth that goes beyond superficial honesty, resonating with the broader ethical principle of respecting the sanctity of life.

The component Deb (Truth) refines this understanding, emphasizing that truth is not only a spoken concept but a commitment to authenticity. In parallel, the Noahide law emphasizes the moral duty to preserve life by avoiding harm to living creatures, connecting the spiritual reality above that remains linked to the physical body.

We (Yourself) adds another layer, underscoring the importance of personal responsibility and self-awareness. In the context of the prohibition against eating the limbs of a living animal, this implies a heightened awareness of the impact of one's actions on the well-being of living beings and aligns with the ethical imperative to avoid unnecessary harm.

Win (How) explores the practical application of Debwewin, signifying the method of embodying truth and authenticity in navigating ethical challenges. This Anishinaabe philosophy resonates with the Noahide law's emphasis on preserving life and acting with kindness towards living creatures. Embracing Debwewin involves cultivating a commitment to truthfulness, personal responsibility, and ethical conduct, creating a harmonious and supportive environment that respects the sanctity of life.





Gwayakwaadizi *Unwavering Honesty* *Respect Property Rights*

- Gwayak (Living Correctly) Anishinaabe Definition: Living with correctness, straightness, or rightness.
- Aadizi (Sacred and Holy) Anishinaabe Definition: Living in a sacred and holy manner.
- Win (How) Anishinaabe Definition: The act of living life with correctness, straightness, or rightness in a sacred and holy manner.

Application: Uphold the principles of living with correctness, straightness, or rightness in a sacred and holy manner in every aspect of life. Infuse daily actions with a commitment to sacred and holy living, fostering an environment of spiritual alignment and connection with the Creator.

Gwayakwaadiziwin in the Anishinaabe tradition extends beyond mere correctness; it encompasses a commitment to living rightly in a sacred manner, aligning with the Noahide law of protecting property rights. This principle urges individuals to cultivate a sincere dedication to living with correctness, resonating with the broader ethical principle of respecting the sanctity of property rights.

Gwayak (Living) refines this understanding, emphasizing that living correctly is a commitment to inner authenticity. In parallel, the Noahide law emphasizes the moral duty to respect property rights and refrain from stealing, connecting the spiritual reality above to the physical aspects of creation.

Aadizi (Unyielding) underscores the importance of unwavering commitment and resilience, implying an unyielding dedication to respecting ownership boundaries and promoting fairness.

Win (How) explores the practical application of Gwayakwaadiziwin, signifying the method of embodying correct living in navigating ethical challenges. Embracing Gwayakwaadiziwin involves cultivating a commitment to living rightly, unwavering dedication, and ethical conduct, creating a harmonious and supportive environment that respects the sanctity of property rights.





Dabasendiziwin *Inaccessible Humility* *Respect Human Life*

- Dabas (Earth) Anishinaabe Definition: The foundation and interconnectedness with the Earth.
- End (Lower) Anishinaabe Definition: Willingly lowering oneself with humility.
- Izi (Self) Anishinaabe Definition: The essence of individual identity and existence.
- Win (How) Anishinaabe Definition: The method of embodying humility in navigating life's challenges.

Application: Dabasendiziwin, rooted in humility, aligns with the Noahide law's emphasis on respecting human life, recognizing the Creator's purpose in all, extending to humans and underscoring the importance of life protection.

Dabasendiziwin (Humility):

In the Anishinaabe tradition, Dabasendiziwin embodies humility, aligning with the Noahide law's emphasis on respecting human life. It's a commitment to lowering oneself, urging a sincere dedication to humility, recognizing the inherent value in all of creation.

Dabas (Earth):

Refining this, Dabas emphasizes humility as recognizing interconnectedness with Earth and all beings, aligning with the Noahide law's emphasis on preserving human life.

End (Lower):

Adding, End underscores willingly lowering oneself with humility, aligning with avoiding harm to human life, an ethical imperative.

Izi (Self):

Izi embodies humility in ethical challenges, resonating with the Noahide law's emphasis on humility and kindness. Embracing Dabasendiziwin involves cultivating humility, recognizing interconnectedness, and ethical conduct.

Considering Dabasendiziwin, we honor the sacred journey from the union of man and woman to the womb, where our bodies emerged from plants and animals nurtured by the Earth. In that sacred space, spirit joined with body, and we became Anishinaabe, toes in water, the first sound echoing the mother's heartbeat. Safeguarding human life extends to preserving the sanctity of these inviolable moments in the womb, respecting the Creator's will in these profound experiences.





Manaaji'idiwin

Unbounded Respect

Respect the Higher Power



Manaaji'idiwin (Eternal Essence)

- Manaaji (Eternal): Anishinaabe Definition: The everlasting connection to the higher power, linking spirits to the Creator.
- Idi (Self): Anishinaabe Definition: The core of individual identity and existence.
- Win (How): Anishinaabe Definition: The method of embodying one's eternal essence in navigating life's challenges.

In alignment with the Noahide law of respecting the higher power, Anishinaabe wisdom underscores the profound connection between humans and the eternal essence (Manaaji) within. This involves acknowledging the eternal connection, understanding core individual identity (Idi), and embodying this essence in life's challenges (Win). Anishinaabe teachings resonate with the broader principle of respecting human life in the Noahide laws. Ever contemplated Manaaji'idiwin, the eternal essence flowing through all, connecting everything? This concept encapsulates the ever-present Manaaji, visible in every aspect of life, reflecting the Creator's essence within, Ojichaagwan. Our spirit, a reflection of Manaaji, aligns with the Noahide law, respecting the higher power and refraining from blasphemy, as everything is touched by the Creator's spirit.

Manaaji (Eternal):

Manaaji extends beyond time, always present, always manifesting. It's the eternal essence that shapes every moment. Therefore we must be in a continual state of respecting the eternal nature of the Creator. When we acknowledge Manaaji all around us, we align with the principle of not disrespecting the eternal essence through blasphemy.

Idi (Self):

the core of individual identity, recognizes our uniqueness within this eternal essence, echoing the Noahide law's emphasis on recognizing the divine essence in each individual.

Win (How):

The method of embodying our eternal essence in challenges, involves navigating with awareness, respecting the sacred connection with all creation. Embracing Manaaji'idiwin means living in harmony with the Noahide law, honoring the higher power evident in everything.

By recognizing Manaaji'idiwin, we understand our eternal essence, fulfilling the essence of the Noahide law—to respect the higher power and refrain from blaspheming, acknowledging the spirit from the Creator in all things.





Nibwaakaawin

Universal Wisdom

Recognize the Higher Power



- Nib (Soul within): Anishinaabe Definition: Deep understanding, aligning with the Noahide law's recognition of the higher power.
- Waa (Seeing): Anishinaabe Definition: Perceiving and acknowledging the Creator's presence in all things.
- Kaa (Perfect Trust): Anishinaabe Definition: Unwavering confidence and reliance on the Creator's guidance.
- Win (How): Anishinaabe Definition: Applying wisdom in daily life, aligning with the Noahide law's guidance on recognizing and believing in the one Creator.

The eternal essence (Nibwaakaawin) within us is a direct reflection of recognizing the One Creator and aligns with the Noahide law's emphasis on recognizing the higher power, sustaining all in every moment, seen and unseen.

Nib (Soul Within):

Nibwaakaawin acknowledges the One Creator, emphasizing interconnectedness and unity. It involves recognizing the Creator (Nib), understanding endless abundance and sustenance provided by the Creator (Waa), and embodying this wisdom in navigating life's challenges (Win).

Waa (Seeing - Endless Abundance):

Refining this, Waa emphasizes the Creator's endless abundance visible in every aspect of life. It reflects the Creator's providence within, Ojichaagwan.

Kaa (Perfect Trust):

Exploring the practical application, Kaa signifies embodying recognition of the Creator's abundance in navigating life's challenges. By understanding and embracing Nibwaakaawin, we navigate life with the awareness of the Creator's sustenance within us, respecting the sacred connection with all of creation.

Win (How):

In recognizing Nibwaakaawin, we not only understand the Creator's endless abundance but also fulfill the essence of the Noahide law—to recognize the higher power and, through the method (Win), believe with perfect trust that the One Creator sustains all, seen and unseen, in every moment.

In recognizing Nibwaakaawin, we not only understand the Creator's endless abundance but also fulfill the essence of the Noahide law—to recognize the higher power and believe with perfect trust that the One Creator sustains all, seen and unseen, in every moment.

